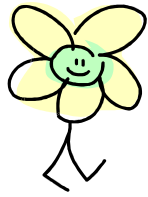


# Powell River Brain Injury Society

## Monthly Schedule -January 2006

4730 Willingdon Ave - 604-485-6065-prbig@telus.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Office Hours Monday -Thursday 9am-5pm</i>	2 <i>Coffee Club—11am Jailhouse Cafe</i>	3 <i>Health \$ Fitness 11am Complex Pool</i>	4 <i>Creative Expressions Art Group 11am BI Art Room</i>	5 <i>Open Group 10-noon BI Art Room</i>	6	7
8 <i>Note: Groups don't meet on Stat Holidays</i>	9 <i>Coffee Club—11am Jailhouse Cafe</i>	10 <i>Health \$ Fitness 11am Complex Pool</i>	11 <i>Creative Expressions Art Group 11am BI Art Room</i>	12 <i>Open Group 10-noon BI Art Room</i>	13	14
15	16 <i>Coffee Club—11am Jailhouse Cafe</i>	17 <i>Health \$ Fitness 11am Complex Pool</i>	18 <i>Creative Expressions Art Group 11am BI Art Room</i>	19 <i>Open Group 10-noon BI Art Room</i>	20	21
22	23 <i>Coffee Club—11am Jailhouse Cafe</i>	24 <i>Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b></i>	25 <i>Creative Expressions Art Group 11am BI Art Room</i>	26 <i>Open Group 10-noon BI Art Room</i>	27	28
29	30 <i>Coffee Club—11am Jailhouse Cafe</i>	31 <i>Health \$ Fitness 11am Complex Pool</i>				



# Powell River Brain Injury Society

## Monthly Schedule—February 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm			1 Creative Expressions Art Group 11am BI Art Room	2 Open Group 10-noon BI Art Room	3	4
5 Note: Groups don't meet on Stat Holidays	6 Coffee Club—11am Jailhouse Cafe	7 Health \$ Fitness 11am Complex Pool	8 Creative Expressions Art Group 11am BI Art Room	9 Open Group 10-noon BI Art Room	10	11
12	13 Coffee Club—11am Jailhouse Cafe	14 Health \$ Fitness 11am Complex Pool	15 Creative Expressions Art Group 11am BI Art Room	16 Open Group 10-noon BI Art Room	17	18
19	20 Coffee Club—11am Jailhouse Cafe	21 Health \$ Fitness 11am Complex Pool	22 Creative Expressions Art Group 11am BI Art Room	23 Open Group 10-noon BI Art Room	24	25
26	27 Coffee Club—11am Jailhouse Cafe	28 Health \$ Fitness 11am Complex Pool <b>AGM-5:15PM</b> Spruce Room-Complex Support Grp-after AGM				

# March 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm			1 Creative Expressions Art Group 11am BI Art Room	2 Creative Expressions Art Group 11am BI Art Room	3	4
5 Note: Groups don't meet on Stat Holidays	6 Coffee Club—11am Jailhouse Café	7 Health \$ Fitness 11am Complex Pool	8 Creative Expressions Art Group 11am BI Art Room	9 Creative Expressions Art Group 11am BI Art Room	10	11
12	13 Coffee Club—11am Jailhouse Café	14 Health \$ Fitness 11am Complex Pool	15 Creative Expressions Art Group 11am BI Art Room	16 Creative Expressions Art Group 11am BI Art Room	17	18
19	20 Coffee Club—11am Jailhouse Café	21 Health \$ Fitness 11am Complex Pool	22 Creative Expressions Art Group 11am BI Art Room	23 Creative Expressions Art Group 11am BI Art Room	24	25
26	27 Coffee Club—11am Jailhouse Café	28 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group</b> 5:30 Spruce Rm Complex	29 Creative Expressions Art Group 11am BI Art Room	30 Creative Expressions Art Group 11am BI Art Room	31 vancouver coastalHealth Prevention • Culture • Education	

# April 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm						1
2 Note: Groups don't meet on Stat Holidays	3 Coffee Club—11am Jailhouse Café	4 Health & Fitness 11am Complex Pool	5 Creative Expressions Art Group 11am BI Art Room	6 Creative Expressions Art Group 11am BI Art Room	7	8
9	10 Coffee Club—11am Jailhouse Café	11 Health & Fitness 11am Complex Pool	12 Creative Expressions Art Group 11am BI Art Room	13 Creative Expressions Art Group 11am BI Art Room	14	15
16	17 Coffee Club—11am Jailhouse Café	18 Health & Fitness 11am Complex Pool	19 Creative Expressions Art Group 11am BI Art Room	20 Creative Expressions Art Group 11am BI Art Room	21	22
23	24 Coffee Club—11am Jailhouse Café	25 Health & Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b>	26 Creative Expressions Art Group 11am BI Art Room	27 Creative Expressions Art Group 11am BI Art Room	28	29
30					 vancouver coastalHealth Prevention • Culture • Innovation	 United Way

# May 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Office Hours</i> Monday –Thursday 9am-5pm</p>	<p>1 <i>Coffee Club—11am</i> <i>Jailhouse Cafe</i></p>	<p>2 <i>Health \$ Fitness</i> <i>11am Complex Pool</i></p>	<p>3 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>4 <i>Naramata Brain In-</i> <i>jury Conference Be-</i> <i>gins</i></p>	<p>5 <i>Naramata continues</i></p>	<p>6 <i>Naramata Ends</i></p>
<p>7 <i>Note: Groups don't</i> <i>meet on Stat Holidays</i></p>	<p>8 <i>Coffee Club—11am</i> <i>Jailhouse Cafe</i></p>	<p>9 <i>Health \$ Fitness</i> <i>11am Complex Pool</i></p>	<p>10 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>11 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15 <i>Coffee Club—11am</i> <i>Jailhouse Cafe</i></p>	<p>16 <i>Health \$ Fitness</i> <i>11am Complex Pool</i></p>	<p>17 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>18 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>19</p>	<p>20</p>
<p>21</p>	<p>22 <i>Coffee Club—11am</i> <i>Jailhouse Cafe</i></p>	<p>23 <i>Health \$ Fitness</i> <i>11am Complex Pool</i> <b><i>Pizza Support Group</i></b> <b><i>5:30 Spruce Rm</i></b> <b><i>Complex</i></b></p>	<p>24 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>25 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29 <i>Coffee Club—11am</i> <i>Jailhouse Cafe</i></p>	<p>30 <i>Health \$ Fitness</i> <i>11am Complex Pool</i></p>	<p>31 <i>Creative Expressions</i> <i>Art Group</i> <i>11am BI Art Room</i></p>			

# June 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm				1 Creative Expressions Art Group 11am BI Art Room	2	3
4 Note: Groups don't meet on Stat Holidays	5 Coffee Club—11am Jailhouse Cafe	6 Health \$ Fitness 11am Complex Pool	7 Creative Expressions Art Group 11am BI Art Room	8 Creative Expressions Art Group 11am BI Art Room	9	10
11	12 Coffee Club—11am Jailhouse Cafe	13 Health \$ Fitness 11am Complex Pool	14 Creative Expressions Art Group 11am BI Art Room	15 Creative Expressions Art Group 11am BI Art Room	16	17
18	19 Coffee Club—11am Jailhouse Cafe	20 Health \$ Fitness 11am Complex Pool	21 Creative Expressions Art Group 11am BI Art Room	22 Creative Expressions Art Group 11am BI Art Room	23	24
25	26 Coffee Club—11am Jailhouse Cafe	27 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b>	28 Creative Expressions Art Group 11am BI Art Room	29 Creative Expressions Art Group 11am BI Art Room	30 	

# July 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm						1
2 Note: Groups don't meet on Stat Holidays	3 Coffee Club—11am Jailhouse Cafe	4 Health \$ Fitness 11am Complex Pool	5 Creative Expressions Art Group 11am BI Art Room	6 Creative Expressions Art Group 11am BI Art Room	7	8
9	10 Coffee Club—11am Jailhouse Cafe	11 Health \$ Fitness 11am Complex Pool	12 Creative Expressions Art Group 11am BI Art Room	13 Creative Expressions Art Group 11am BI Art Room	14	15
16	17 Coffee Club—11am Jailhouse Cafe	18 Health \$ Fitness 11am Complex Pool	19 Creative Expressions Art Group 11am BI Art Room	20 Creative Expressions Art Group 11am BI Art Room	21	22
23	24 Coffee Club—11am Jailhouse Cafe	25 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b>	26 Creative Expressions Art Group 11am BI Art Room	27 Creative Expressions Art Group 11am BI Art Room	28	29
30	31 Coffee Club—11am Jailhouse Cafe					

# August 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm		1 Health \$ Fitness 11am Complex Pool	2 Creative Expressions Art Group 11am BI Art Room	3 Creative Expressions Art Group 11am BI Art Room	4	5
6 Note: Groups don't meet on Stat Holidays	7 Coffee Club—11am Jailhouse Cafe	8 Health \$ Fitness 11am Complex Pool	9 Creative Expressions Art Group 11am BI Art Room	10 Creative Expressions Art Group 11am BI Art Room	11	12
13	14 Coffee Club—11am Jailhouse Cafe	15 Health \$ Fitness 11am Complex Pool	16 Creative Expressions Art Group 11am BI Art Room	17 Creative Expressions Art Group 11am BI Art Room	18	19
20	21 Coffee Club—11am Jailhouse Cafe	22 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b>	23 Creative Expressions Art Group 11am BI Art Room	24 Creative Expressions Art Group 11am BI Art Room	25	26
27	28 Coffee Club—11am Jailhouse Cafe	29 Health \$ Fitness 11am Complex Pool	30 Creative Expressions Art Group 11am BI Art Room	31 Creative Expressions Art Group 11am BI Art Room		

# September 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm					1	2
3 Note: Groups don't meet on Stat Holidays	4 Coffee Club—11am Jailhouse Cafe	5 Health \$ Fitness 11am Complex Pool	6 Creative Expressions Art Group 11am BI Art Room	7 Creative Expressions Art Group 11am BI Art Room	8	9
10	11 Coffee Club—11am Jailhouse Cafe	12 Health \$ Fitness 11am Complex Pool	13 Creative Expressions Art Group 11am BI Art Room	14 Creative Expressions Art Group 11am BI Art Room	15	16
17	18 Coffee Club—11am Jailhouse Cafe	19 Health \$ Fitness 11am Complex Pool	20 Creative Expressions Art Group 11am BI Art Room	21 Creative Expressions Art Group 11am BI Art Room	22	23
24	25 Coffee Club—11am Jailhouse Cafe	26 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b>	27 Creative Expressions Art Group 11am BI Art Room	28 Creative Expressions Art Group 11am BI Art Room	29 	30 

# October 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Office Hours Monday –Thursday 9am-5pm</i>	2 <i>Coffee Club—11am Jailhouse Cafe</i>	3 <i>Health \$ Fitness 11am Complex Pool</i>	4 <i>Creative Expressions Art Group 11am BI Art Room</i>	5 <i>Creative Expressions Art Group 11am BI Art Room</i>	6	7
8 <i>Note: Groups don't meet on Stat Holidays</i>	9 <i>Coffee Club—11am Jailhouse Cafe</i>	10 <i>Health \$ Fitness 11am Complex Pool</i>	11 <i>Creative Expressions Art Group 11am BI Art Room</i>	12 <i>Creative Expressions Art Group 11am BI Art Room</i>	13	14
15	16 <i>Coffee Club—11am Jailhouse Cafe</i>	17 <i>Health \$ Fitness 11am Complex Pool</i>	18 <i>Creative Expressions Art Group 11am BI Art Room</i>	19 <i>Creative Expressions Art Group 11am BI Art Room</i>	20 <i>Pacific Coast Brain Injury Conference Begins</i>	21 <i>PCBIC continues</i>
22 <i>Pacific Coast Brain Injury Conference Ends</i>	23 <i>Coffee Club—11am Jailhouse Cafe</i>	24 <i>Health \$ Fitness 11am Complex Pool <b>Pizza Support Group 5:30 Spruce Rm Complex</b></i>	25 <i>Creative Expressions Art Group 11am BI Art Room</i>	26 <i>Creative Expressions Art Group 11am BI Art Room</i>	27	28
29	30 <i>Coffee Club—11am Jailhouse Cafe</i>	31 <i>Health \$ Fitness 11am Complex Pool</i>				

# November 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm			1 Creative Expressions Art Group 11am BI Art Room	2 Creative Expressions Art Group 11am BI Art Room	3	4
5 Note: Groups don't meet on Stat Holidays	6 Coffee Club—11am Jailhouse Cafe	7 Health \$ Fitness 11am Complex Pool	8 Creative Expressions Art Group 11am BI Art Room	9 Creative Expressions Art Group 11am BI Art Room	10	11
12	13 Coffee Club—11am Jailhouse Cafe	14 Health \$ Fitness 11am Complex Pool	15 Creative Expressions Art Group 11am BI Art Room	16 Creative Expressions Art Group 11am BI Art Room	17	18
19	20 Coffee Club—11am Jailhouse Cafe	21 Health \$ Fitness 11am Complex Pool	22 Creative Expressions Art Group 11am BI Art Room	23 Creative Expressions Art Group 11am BI Art Room	24	25
26	27 Coffee Club—11am Jailhouse Cafe	28 Health \$ Fitness 11am Complex Pool <b>Pizza Support Group</b> 5:30 Spruce Rm Complex	29 Creative Expressions Art Group 11am BI Art Room	30 Creative Expressions Art Group 11am BI Art Room		

# December 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours Monday –Thursday 9am-5pm					1	2
3 Note: Groups don't meet on Stat Holidays	4 Coffee Club—11am Jailhouse Cafe	5 Health \$ Fitness 11am Complex Pool	6 Creative Expressions Art Group 11am BI Art Room	7 Creative Expressions Art Group 11am BI Art Room	8	9
10	11 Coffee Club—11am Jailhouse Cafe	12 Health \$ Fitness 11am Complex Pool	13 Creative Expressions Art Group 11am BI Art Room	14 Creative Expressions Art Group 11am BI Art Room	15	16
17	18 Coffee Club—11am Jailhouse Cafe	19 Health \$ Fitness 11am Complex Pool	20 Creative Expressions Art Group 11am BI Art Room	21 Creative Expressions Art Group 11am BI Art Room	22	23
24	25 Merry Christmas!	26 Happy Boxing Day No Pizza Group	27 Creative Expressions Art Group 11am BI Art Room	28 Creative Expressions Art Group 11am BI Art Room	29	30
31					 vancouver coastal Health Preventing illness. Promoting life.	 United Way