

# Powell River Brain Injury Society Schedule

## January 2007

Tel: 604.485.6065 [www.braininjurysociety.ca](http://www.braininjurysociety.ca)

| Sun  | Mon   | Tue  | Wed   | Thu   | Fri                         | Sat       |
|--|---|--|---|---|-----------------------------|-----------|
| <p><i>Office Hours:</i><br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:<br/>Until 9pm</p> | <p>1<br/>Coffee Club 11am<br/>Jailhouse Café</p>  | <p>2<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</p>     | <p>3<br/>Creative Expressions<br/>Art Group<br/>10am-BI Centre</p>  | <p>4<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</p>  | <p>5<br/>Centre Closed</p>  | <p>6</p>  |
| <p>7</p>   | <p>8<br/>Coffee Club 11am<br/>Jailhouse Café</p>  | <p>9<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</p>     | <p>10<br/>Creative Expressions<br/>Art Group<br/>10am-BI Centre</p> | <p>11<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</p> | <p>12<br/>Centre Closed</p> | <p>13</p> |
| <p>14</p>  | <p>15<br/>Coffee Club 11am<br/>Jailhouse Café</p> | <p>16<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</p>    | <p>17<br/>Creative Expressions<br/>Art Group<br/>10am-BI Centre</p> | <p>18<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</p> | <p>19<br/>Centre Closed</p> | <p>20</p> |
| <p>21</p>  | <p>22<br/>Coffee Club 11am<br/>Jailhouse Café</p> | <p>23<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>5:50 Pizza Night</p> | <p>24<br/>Creative Expressions<br/>Art Group<br/>10am-BI Centre</p> | <p>25<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</p> | <p>26<br/>Centre Closed</p> | <p>27</p> |
| <p>28</p>  | <p>29<br/>Coffee Club 11am<br/>Jailhouse Café</p> | <p>30<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</p>    | <p>31<br/>Creative Expressions<br/>Art Group<br/>10am-BI Centre</p> |   |                             |           |

# February 2007

| Sun  | Mon   | Tue   | Wed  | Thu  | Fri                                | Sat       |
|--|---|---|--|--|------------------------------------|-----------|
| <p><i>Office Hours:</i><br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:<br/>Until 9pm</p> | <p><b>Pacific Coast Brain Injury Conference</b><br/><b>Feb 17-17 Hyatt Hotel Vancouver BC</b></p> |   |  | <p>1<br/><i>Readers and Writers Book Club</i><br/>2pm—BI Centre</p>  | <p>2<br/><i>Centre Closed</i></p>  | <p>3</p>  |
| <p>4</p>   | <p>5<br/><i>Coffee Club 11am Jailhouse Café</i></p>   | <p>6<br/><i>Fitness Group 9am Complex</i><br/><b>Live Your Best Life</b><br/>7pm—BI Centre</p>            | <p>7<br/><i>Creative Expressions Art Group</i><br/>10am—BI Centre</p>                            | <p>8<br/><i>Readers and Writers Book Club</i><br/>2pm—BI Centre</p>  | <p>9<br/><i>Centre Closed</i></p>  | <p>10</p> |
| <p>11</p>  | <p>12<br/><i>Coffee Club 11am Jailhouse Café</i></p>  | <p>13<br/><i>Fitness Group 9am Complex</i><br/><b>Live Your Best Life</b><br/>7pm—BI Centre</p>           | <p>14<br/><i>Creative Expressions Art Group</i><br/>10am—BI Centre<br/><b>Valentines Day</b></p> | <p>15<br/><i>Readers and Writers Book Club</i><br/>2pm—BI Centre</p> | <p>16<br/><i>Centre Closed</i></p> | <p>17</p> |
| <p>18<br/><i>Chinese New Year</i></p>  | <p>19<br/><i>Coffee Club 11am Jailhouse Café</i></p>  | <p>20<br/><i>Fitness Group 9am Complex</i><br/><b>Live Your Best Life</b><br/>7pm—BI Centre</p>           | <p>21<br/><i>Creative Expressions Art Group</i><br/>10am—BI Centre</p>                           | <p>22<br/><i>Readers and Writers Book Club</i><br/>2pm—BI Centre</p> | <p>23<br/><i>Centre Closed</i></p> | <p>24</p> |
| <p>25</p>  | <p>26<br/><i>Coffee Club 11am Jailhouse Café</i></p>  | <p>27<br/><i>Fitness Group 9am Complex</i><br/><b>Live Your Best Life</b><br/>5:50 <b>Pizza Night</b></p> | <p>28<br/><i>Creative Expressions Art Group</i><br/>10am—BI Centre</p>                           |  |                                    |           |

# March 2007

| Sun  | Mon  | Tue   | Wed  | Thu  | Fri                                | Sat                                  |
|--|--|---|--|--|------------------------------------|--------------------------------------|
| <p><i>Office Hours:<br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:<br/>Until 9pm</i></p> |  |   |  | <p><i>1<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i></p>  | <p><i>2<br/>Centre Closed</i></p>  | <p><i>3</i></p>                      |
| <p><i>4</i></p>  | <p><i>5<br/>Coffee Club 11am<br/>Jailhouse Café</i></p>  | <p><i>6<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm—BI Centre</i></p>     | <p><i>7<br/>Creative Expressions<br/>Art Group<br/>10am—BI Centre</i></p>  | <p><i>8<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i></p>  | <p><i>9<br/>Centre Closed</i></p>  | <p><i>10</i></p>                     |
| <p><i>11<br/>Daylight Savings<br/>Time Begins</i></p>  | <p><i>12<br/>Coffee Club 11am<br/>Jailhouse Café</i></p> | <p><i>13<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm—BI Centre</i></p>    | <p><i>14<br/>Creative Expressions<br/>Art Group<br/>10am—BI Centre</i></p> | <p><i>15<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i></p> | <p><i>16<br/>Centre Closed</i></p> | <p><i>17<br/>St.Patrick'sDay</i></p> |
| <p><i>18</i></p>   | <p><i>19<br/>Coffee Club 11am<br/>Jailhouse Café</i></p> | <p><i>20<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm—BI Centre</i></p>    | <p><i>21<br/>Creative Expressions<br/>Art Group<br/>10am—BI Centre</i></p> | <p><i>22<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i></p> | <p><i>23<br/>Centre Closed</i></p> | <p><i>24</i></p>                     |
| <p><i>25</i></p>   | <p><i>26<br/>Coffee Club 11am<br/>Jailhouse Café</i></p> | <p><i>27<br/>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>5:50 Pizza Night</i></p> | <p><i>28<br/>Creative Expressions<br/>Art Group<br/>10am—BI Centre</i></p> | <p><i>29<br/>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i></p> | <p><i>30<br/>Centre Closed</i></p> | <p><i>31</i></p>                     |

# April 2007

| Sun  | Mon  | Tue   | Wed  | Thu  | Fri                        | Sat |
|--|--|---|--|--|----------------------------|-----|
| 1<br><i>Office Hours:<br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:</i> | 2<br><i>Coffee Club 11am<br/>Jailhouse Café</i>  | 3<br><i>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</i>     | 4<br><i>Creative Expressions<br/>Art Group<br/>10am-BI Centre</i>  | 5<br><i>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i>  | 6<br><i>Centre Closed</i>  | 7   |
| 8<br><i>Easter</i>   | 9<br><i>Coffee Club 11am<br/>Jailhouse Café</i>  | 10<br><i>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</i>    | 11<br><i>Creative Expressions<br/>Art Group<br/>10am-BI Centre</i> | 12<br><i>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i> | 13<br><i>Centre Closed</i> | 14  |
| 15   | 16<br><i>Coffee Club 11am<br/>Jailhouse Café</i> | 17<br><i>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>7pm-BI Centre</i>    | 18<br><i>Creative Expressions<br/>Art Group<br/>10am-BI Centre</i> | 19<br><i>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i> | 20<br><i>Centre Closed</i> | 21  |
| 22   | 23<br><i>Coffee Club 11am<br/>Jailhouse Café</i> | 24<br><i>Fitness Group 9am<br/>Complex<br/>Live Your Best Life<br/>5:50 Pizza Night</i> | 25<br><i>Creative Expressions<br/>Art Group<br/>10am-BI Centre</i> | 26<br><i>Readers and Writers<br/>Book Club<br/>2pm—BI Centre</i> | 27<br><i>Centre Closed</i> | 28  |
| 29   | 30<br><i>Coffee Club 11am<br/>Jailhouse Café</i> |   |  |  |                            |     |

# May 2007

| Sun  | Mon   | Tue  | Wed  | Thu  | Fri                                | Sat       |
|--|---|--|--|--|------------------------------------|-----------|
| <p><i>Office Hours:</i><br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:<br/>Until 9pm</p> | <p><b><i>Okanagan Conference on Brain Injury-Naramata BC</i></b><br/>May 10—12</p>      | <p>1<br/><i>Fitness Group 9am</i><br/><i>Complex</i><br/><i>Live Your Best Life</i><br/><i>7pm-BI Centre</i></p>     | <p>2<br/><i>Creative Expressions</i><br/><i>Art Group</i><br/><i>10am-BI Centre</i></p>  | <p>3<br/><i>Readers and Writers</i><br/><i>Book Club</i><br/><i>2pm—BI Centre</i></p>  | <p>4<br/><i>Centre Closed</i></p>  | <p>5</p>  |
| <p>6</p>   | <p>7<br/><i>Coffee Club 11am</i><br/><i>Jailhouse Café</i></p>                          | <p>8<br/><i>Fitness Group 9am</i><br/><i>Complex</i><br/><i>Live Your Best Life</i><br/><i>7pm-BI Centre</i></p>     | <p>9<br/><i>Creative Expressions</i><br/><i>Art Group</i><br/><i>10am-BI Centre</i></p>  | <p>10<br/><i>Readers and Writers</i><br/><i>Book Club</i><br/><i>2pm—BI Centre</i></p> | <p>11<br/><i>Centre Closed</i></p> | <p>12</p> |
| <p>13<br/><i>Mother's Day</i></p>  | <p>14<br/><i>Coffee Club 11am</i><br/><i>Jailhouse Café</i></p>                         | <p>15<br/><i>Fitness Group 9am</i><br/><i>Complex</i><br/><i>Live Your Best Life</i><br/><i>7pm-BI Centre</i></p>    | <p>16<br/><i>Creative Expressions</i><br/><i>Art Group</i><br/><i>10am-BI Centre</i></p> | <p>17<br/><i>Readers and Writers</i><br/><i>Book Club</i><br/><i>2pm—BI Centre</i></p> | <p>18<br/><i>Centre Closed</i></p> | <p>19</p> |
| <p>20</p>  | <p>21<br/><i>Coffee Club 11am</i><br/><i>Jailhouse Café</i><br/><i>Victoria Day</i></p> | <p>22<br/><i>Fitness Group 9am</i><br/><i>Complex</i><br/><i>Live Your Best Life</i><br/><i>5:50 Pizza Night</i></p> | <p>23<br/><i>Creative Expressions</i><br/><i>Art Group</i><br/><i>10am-BI Centre</i></p> | <p>24<br/><i>Readers and Writers</i><br/><i>Book Club</i><br/><i>2pm—BI Centre</i></p> | <p>25<br/><i>Centre Closed</i></p> | <p>26</p> |
| <p>27</p>  | <p>28<br/><i>Coffee Club 11am</i><br/><i>Jailhouse Café</i></p>                         | <p>29<br/><i>Fitness Group 9am</i><br/><i>Complex</i><br/><i>Live Your Best Life</i><br/><i>7pm-BI Centre</i></p>    | <p>30<br/><i>Creative Expressions</i><br/><i>Art Group</i><br/><i>10am-BI Centre</i></p> | <p>31<br/><i>Readers and Writers</i><br/><i>Book Club</i><br/><i>2pm—BI Centre</i></p> |                                    |           |

# June 2007

| Sun  | Mon                                      | Tue   | Wed   | Thu  | Fri                 | Sat |
|--|--|---|---|--|---------------------|-----|
| <p><i>Office Hours:</i><br/>Monday—Thursday<br/>9am—5pm<br/>Tuesday evening:<br/>Until 9pm</p> |  |   |   |  | 1<br>Centre Closed  | 2   |
| 3  | 4<br>Coffee Club 11am<br>Jailhouse Café  | 5<br>Fitness Group 9am<br>Complex<br>Live Your Best Life<br>7pm-BI Centre     | 6<br>Creative Expressions<br>Art Group<br>10am-BI Centre  | 7<br>Readers and Writers<br>Book Club<br>2pm—BI Centre                   | 8<br>Centre Closed  | 9   |
| 10   | 11<br>Coffee Club 11am<br>Jailhouse Café | 12<br>Fitness Group 9am<br>Complex<br>Live Your Best Life<br>7pm-BI Centre    | 13<br>Creative Expressions<br>Art Group<br>10am-BI Centre | 14<br>Readers and Writers<br>Book Club<br>2pm—BI Centre                  | 15<br>Centre Closed | 16  |
| 17<br>Father's Day   | 18<br>Coffee Club 11am<br>Jailhouse Café | 19<br>Fitness Group 9am<br>Complex<br>Live Your Best Life<br>7pm-BI Centre    | 20<br>Creative Expressions<br>Art Group<br>10am-BI Centre | 21<br>Readers and Writers<br>Book Club<br>2pm—BI Centre<br>SUMMER BEGINS | 22<br>Centre Closed | 23  |
| 24   | 25<br>Coffee Club 11am<br>Jailhouse Café | 26<br>Fitness Group 9am<br>Complex<br>Live Your Best Life<br>5:50 Pizza Night | 27<br>Creative Expressions<br>Art Group<br>10am-BI Centre | 28<br>Readers and Writers<br>Book Club<br>2pm—BI Centre                  | 29<br>Centre Closed | 30  |